

Planning for Men

Specific planning for men depends on the current pattern of hair loss and the likely progression as well as their individual goals. *Young men* should actually be more conservative than older men since they have more time to lose more hair in the future. No matter what plan we choose for you, we always have to leave some hair in the (donor) bank, in case the loss is greater than originally anticipated. We would never want to see you develop unnatural-looking gaps between transplanted and original hair that couldn't be corrected later.

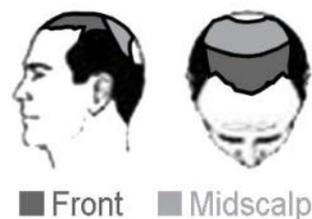
How Big An Area To Transplant In One Session

The human eye doesn't notice that hair is thinner until half has been lost. For the foreseeable future we will not be able to create more hair. We can therefore ultimately transplant a maximum of one half of your existing safe donor hair follicles. We cannot move them all at once, however.

We have to balance the size of the area covered and the fullness of the transplanted hair. For a given number of grafts, to get greater density we have to cover a smaller area. To cover a bigger area with the same number of grafts we have to accept less density.

We usually aim for a finished hair transplant density that is slightly less than half of the density you had as a teenager in most areas and a little more than that in key areas. This gives you the density of early thinning in a respectably sized area. Some men prefer less density over a bigger area and some prefer more over a smaller area and so we will individualize your plan according to your goals.

We divide the scalp into sections that we call the front, the top (or mid-scalp), and the crown (or back.) As a rough guide if you put a hand so that your baby finger sits on your eyebrows, the front will be one hand-breadth back from that and the top will be the next hand-width back from the front. The crown will be what is left.



We usually aim to finish one section of the scalp per session or to transplant 2 sections with the idea that we will later fill those sections in with more transplanted hair.

Hairlines

Hairlines must look appropriate now and in the future. An 18-year-old's hairline looks silly on a 60-year-old's face; especially if that 60-year-old has lost lots of hair behind it. We generally aim