



## **Planning for Women**

### **“Female Pattern” Loss**

In general, women with female pattern loss tend to get thinning over a large area but don't go bald. They often keep more hair in the hairline. You will likely not have enough donor hair follicles to thicken up the hair everywhere. If we concentrate on the most visible areas we can make those areas look better then you can grow the transplanted hair longer and style it to layer over other areas to make them look better too.

For this reason, the plan of hair transplantation depends more on your preferred hairstyle than with men. We will usually focus on the frontal area because it is the most visible area.

If you wear a side part we will transplant further back along the parted side than on the non-parted side.

We don't encourage centre-parting because the centre of the dome of your scalp reflects light more than anywhere else and even transplanted hair will look thinner when parted in the centre. Of course, it is your choice to make.

If you tend to wear your hair down we will work further back in the centre than on the sides.

If you tend to wear your hair up or pulled back we will transplant along the whole hairline into the temples. We will give you a gently curving feminine hairline.

Long before you considered hair transplantation you likely became expert at styling your hair to make it look its best. After hair transplantation you will still have to style your hair optimally but you will have more hair to work with.

Women can also alter their hair colour and curl or wave to make it look thicker. Colouring or perming your hair will not damage the follicles.

Because women often have more hair than men in their recipient area, they are more likely to get some temporary shedding afterward. We must therefore show you how you can camouflage this until the transplanted hair grows and any shed hair grows back.

As you can see, planning for female pattern loss to get the best results involves much more than just deciding where to put the grafts.

### **Planning for Women with Temple Thinning**

Women with so called “male pattern” loss are actually excellent candidates for hair transplantation.